



Perth Pirates Newsletter

Pirate Pride! Pirate Power! Pirate Passion!

January 2011

1. Upcoming Events

1. Corporate Event – Saturday 18 February 2012



On Saturday 18 February we are running another corporate event as part of our fundraising activities. These events help us raise molto moolah \$ for the club but also go into the kitty (meow) for our travelling fund for the Nationals and other exotic locations.

The day will run from 9.30 to about 4pm at the Club.

If you can lend a hand on the day, please let Dom know asap

The good news is there's no cooking duties . just helping out around 60-80 people in a fun family corporate day.

You never know, we may get some new recruits!

*The boat was loaded in 45 seconds Capn' Steve – honest!
(would these smiles tell a lie?)*

2. Grand Prix Regatta #3 - Sunday 26 February

The next Grand Prix regatta is on Sunday 26 February at Champion Lakes.

VERY IMPORTANT BIT! - If you would like to paddle in this next regatta, you must, must, must advise Ange or Courtney by **Sunday 12 February**, letting them know your preferred side/s and weight. **This is the absolute cut-off date.** This gives Capn' Steve time to work out the crew lists . working out categories, weights, sides for each crew literally takes hours and hours of work.

So, please, please do your bit as a Pirate crew member and let us know if you would like to paddle in the February regatta by this date.

Make sure you pack your party pants on this regatta day as we'll set up a date at a pub after the day's racing is over. We will eat low carb items, drink non-alcoholic beverages and keep the conversation at a high intellectual level.

Sure.

3. State Tens Regatta – Sunday 4 March in sunny Bunbury

The State Tens racing regatta is on **Sunday 4 March in Bunbury**. This is (funnily enough) a regatta of tens racing . mixed, open, womens, as well as the grand finale of the 1000m 20s boat . a race that Pirates took out in spectacular fashion last year - thanks to Edie %The Afterburner+Ecker!

The usual plan is to stay on Saturday and Sunday night so we are ready and fresh for the Sunday day of tens boat racing. This is a great road trip regatta event for Pirates and we have booked accommodation in some schmicko apartments . where we stayed last year . and (despite the fire brigade coming in the morning) we are actually allowed back. Yay!

Otherwise, some Pirate choose to drive down and back on the same day. If you are planning on doing this, please see who else is driving . it's a big regatta day and the drive back could be tiring.

Cut off date for your entry into this event is **19 February**. More info to come soon on accommodation.

2. Event Wrap up



Sarah, Mel and Ange said they fancied - a man in uniform – Pirates obliged!

1. Bayswater Community Fair – Telethon Event – Sunday 27 November

Pirates hit the water for the community at the Telethon Bayswater Community Fair at the end of November.

Thanks to Pirate-at-heart Kim for coming along to drum and for Jan %The Powerhouse+Wheare forõ well just being the Powerhouse afterburner!

It's always the quiet ones you need to watchõ

2. December and January Grand Prix regattas

Pirates hit the water big time in these two regattas . running many back to back races and generally knackered ourselves by the end of the day. Even so, the mighty Pirate crew still tackled the 2000m races at the end of the day . showing typical heart and spirit.

A huge thanks to Pirateey volunteers who helped fulfill our vullie duties at these regattas, the Feez, Jan %The Powerhouse+Wheare and Jan Crowe. A huge thanks also to Garry for towing the boats and all the Pirates that take our various bits and pieces along on the day.



3. Training

As we head closer to the State Championships on March 18, the Coaches will be starting to create crews that are more competitive. We will train in ~~squad~~ and ~~development~~ boats, although some stronger paddlers will sometimes train in the development boat to provide support to our newer paddlers.

How are teams selected? It is based on a few things .

- 1) your ergo results
- 2) attendance at training
- 3) the Coaches evaluation of your effort
- 4) technique

The ergo (special rowing machine designed for dragonboating) will be out at every training session, so before or after training, jump on and test yourself . your results will be recorded and this will also give you something to aim for personally.

If you have any questions about training or the expectations around crew selection for regattas, please have a chat to Cap~~n~~ Steve.



*The sea anchor –
now in cartoon format*



4. Welcome to new members

A hearty Pirate ARGHHHH of welcome to the new paddlers that have joined us over recent months: Carl, Joanne and Trine. Great to have you all as part of the Pirate Crew.

Welcome aboard! Don~~t~~ say we didn~~t~~ warn you!!

5. Thought for January

Who tastes dog food to confirm it has a 'new & improved' flavour?

Perth Pirates are proudly sponsored by:

Platinum



Gold



Silver

